Excellent conditions were enjoyed for the Topp Cycling Club's eighth annual promotion of the John Henderson Memorial 10 miles time trial at Raglan. The course using the old A40 to Mitchell Troy, then the dual carriageway back to Raglan, is not among the fastest in Wales, but Stuart Dangerfield Science in Sport clocked the fastest time for the distance in Wales this year when sped around to set a new course record of 20m.0s. 30 miles per hour on those roads being a real achievement. However, 2nd placed Julian Winn Pinarello RT was close with 20m.08s. Both riders will be travelling to Greece as members of the British Olympic Team. 3rd Roger Iddles Stourbridge CC 21m.07s. 1st Lady Wendy Hall Climb on Bikes 23-28. The only Abertillery Wheeler taking part was Ross Phillips clocking 24-57. In the Cardiff 100 milers RC open 50 miles time trial using roads from Abergavenny to Monmouth, Colin Wallace Port Talbot Wh. saw off the challenge of the English clubs to win with 1h.50m.41s, 2nd Jason Eohin Sodbury Cycle Sport 1-53-13, 3rd Dave Rudland Dursley RC 1-55-25. Abertillery Wheeler Ian Davies recorded 2h.5m.22s.

In the latest of Abertillery Wheeler's weekly 10 miles time trials on the difficult circuit course between Hafodrynys and Pontypool, Rhys Rowlands achieved one of his aims for this year by becoming the first rider to cover the route at over 25 miles per hour. His time of 23m53s. clipping eight seconds off his course record set three weeks before. Tony Hudson 25-02, Ian Davies 25-15, Andy Haines 25-24, Martin Latewood 27-08, Gareth Chislett 27-24, Wally Ham 28-47, Dave Evans 28-53, Jeff Rees 30-00.

Next Sunday the Welsh open 100 miles championship will be held on a course using roads between Abergavenny and Monmouth, when some of the fastest 100 milers will visit Wales to try out the new fast course, and endeavour to take away the title.